



## Psychotherapy

Psychotherapy is a mental health service delivered by qualified professionals trained in the delivery of psychotherapy services.

### Psychotherapy Provider Qualifications

A professional providing psychotherapy services must have, at a minimum, one or more of the following credentials:

- Psychiatrist, M.D.; Physician, M.D.; Licensed psychologist; Licensed clinical social worker; Licensed clinical professional counselor; Licensed marriage and family therapist; Certified psychiatric nurse (RN); Licensed professional counselor with a provision for psychotherapy; Licensed master's social worker with a provision for psychotherapy; Licensed associate marriage and family therapist with a provision for psychotherapy; or Psychologist extender registered with the Bureau of Occupational Licenses, with a provision for psychotherapy.

### Allowable Services

Medicaid will reimburse LEAs for the types of psychotherapy services listed below.

1. 30 minutes psychotherapy with patient and/or family member
2. 45 minutes psychotherapy with patient and/or family member
3. 60 minutes with patient and/or family member
4. Family psychotherapy without patient present (face-to-face)
5. Family psychotherapy with patient present
6. Group psychotherapy

### Expectations: Go Solutions and You

Communication will be frequent and from multiple sources, those can include;

- Training Opportunities—global trainings and webinars
- Service & Support— Our helpdesk is available to help you Monday thru Friday, 8:30 am – 5:00pm. The helpdesk is there for questions regarding GoClaim™, log in issues, and any additional needed training;

**Email:** [helpdesk@gosolutions.com](mailto:helpdesk@gosolutions.com)

**Phone:** 1-800-260-2544